



# SACRED HEART PARISH

**Sunday 23rd March 2025**

**3rd Sunday of Lent**



**Priest: Kieran C.P.**

**Deacon: Joe Baxter**



**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org)

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon -Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://www.sacredheartparishbelfast.com>

**Webcam** [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

## ~Mass Times~

<b>Saturday Vigil:</b>	6.00pm:	Ann Gouldie, Month's Mind Mass
<b>Sunday Masses:</b>	9:30am:	Mary Jane & Patrick Scullion, Anniversary Mass
	11:30am:	Eddie & Rachel Murphy, Anniversary Mass
<b>Weekday Masses:</b>	Monday 10:00am:	Kathleen Ward, Anniversary Mass
	Tuesday 7:00pm: Novena	Hanna Blake, Anniversary Mass
	Wednesday 10:00am:	
	Thursday 10:00am:	William Meek, Anniversary Mass
	Friday 10:00am:	Rosaleen Magee, Anniversary Mass

**Confessions & Adoration:** Saturday: 5:00pm - 5.45pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

## ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm.  
Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

24th March, **St Macartan**  
25th March, **The Annunciation of the Lord**

### ~Recently Deceased~

Sean Winter  
Kerry Mallon

*Eternal rest grant unto them, O Lord*

### ~Sanctuary Candles~

Kathleen Skillen  
Peter O'Hara  
Moira O'Hara  
Kerry Mallon  
Annie McCabe

*A Donation of £5 per candle is greatly appreciated*

### ~Weekly Collection~

**£1881.36**

### ~Needy Parishes ~

**£231.45**

Thanks You For Your Generosity

**NEW OFFERTORY ENVELOPES ARE AVAILABLE FROM THE OFFICE**

### ~Anniversaries~

Deirdre Finn  
Frank Murphy

*Eternal rest grant unto them, O Lord*

### ~Baptisms~

**Welcome into our Community**

Liam James O'Neill

## ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
( Micah 6:8)

# DATES FOR YOUR DIARY

*Congratulations to all the children from St Columban's Primary School and Deanby Centre who made their First Confession this week, here is Sacred Heart Church.*

*"Celebrate and embrace the healing power of God's forgiveness!"*

**Pilgrims of Hope - 24 Hours for the Lord.** A key moment in this Jubilee Year 2025 is the celebration of "24 hours for the Lord". This is an initiative of Pope Francis who writes, "special care should be taken to prepare priests and faithful to celebrate the sacrament of Confession and to make it readily available in its individual form" (SNC 5). In Down and Connor "24 Hours for the Lord" will be celebrated on Saturday, 29<sup>th</sup> March, in St Mary's Church, Belfast, from 11.00am until 5.30pm. Priests will be available for confession throughout the time indicated.

**Calling All Adorers of the Blessed Sacrament** in Down and Connor Diocese. National Eucharistic Adoration Pilgrimage to Knock on Sunday 6th April (5th Sunday of Lent) Full Bus details on [www.eucharisticadoration.ie](http://www.eucharisticadoration.ie)

**The Stations of the Cross will be prayed** every Friday at 9.30am during Lent.

**Holy Family Parish,** Mass will be celebrated at 7.15am Monday to Friday during Lent. All are welcome.

**Taizé Prayer Around the Cross.** You are warmly invited on Friday 28th March 2025, 8-9pm in Holy Family Church, Limestone Road. This is an opportunity to take time out to pray with beautiful Taizé chants, to be still and refreshed. Everyone welcome, come along and bring a friends. Refreshments will be served afterwards in the Gathering Space.

**New Offertory Envelopes for 2025** are available from the office.

**Trócaire Lenten Boxes** are available at the back of the church. These should be returned on Holy Thursday.

**The Independent Monitoring Board** is a group of lay people from all sections of our community who wish to offer their time and expertise in the Monitoring of Prisons in Northern Ireland. As lead Catholic Chaplain can I encourage you to consider this role and apply. Fr. Stephen McBrearty. IMB members are unpaid public appointees, appointed by ministers to provide independent oversight of what happens in places of detention. It is a varied and rewarding role. You could be talking to a prisoner or detained person who is worried or vulnerable, who isn't able to access the support they need, or who needs help to sort out some practical problems. You will get to see and report on everything that happens behind the walls: what day-to-day life is like, whether there is enough education and training to help with rehabilitation, what support there is for the most vulnerable, how physical and mental health needs are met. <https://www.justice-ni.gov.uk/news/board-opportunity-independent-monitoring-board-seeking-members>

**Drumalis Retreat Centre, Larne.** The Passion Story: "A Work of Infinite Love". (Sat 12 April, 9:30 am - 4 pm). Fr Aidan Troy CP will lead us in a day of prayer and reflection as we enter into Holy Week, where we are invited to immerse ourselves in this story of hope and unconditional love. To book or for further details, contact Drumalis (Mon-Fri, 9am-5pm) – 028 28276455/28272196 or email [drumalis@btconnect.com](mailto:drumalis@btconnect.com) website: <http://www.drumalis.co.uk>

**St Malachy's College Belfast Music Department,** will be holding it's Annual Spring Concert on Tuesday 8th April 2025 in the College Hall. Starting at 7.30pm. Admission is free. Retiring Collection. All Welcome.

**Cursillo Weekend** (Mens). 3rd April, 2025. 3 days. Carmelite Retreat Centre, Termonbacca, Derry. For more information please contact: Divine Mercy at Sacred Heart Parish, Friday's at 2.30pm. Or via email [divinemeracybelfast@gmail.com](mailto:divinemeracybelfast@gmail.com)

**Easter Mass Bouquets** are now available from the office.

**Chatty Café.** Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**Ladies Pensioners Group** meets every Thursday in the Parish Hall at 1pm. All welcome

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara  
07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**